

Worksheet for One-hour NH/ Hospice / ADC Curriculum

Training Guidelines for the Special Care of Nursing Home Residents with Alzheimer's Disease or Related Disorders (incorporated from reference in Rule 58A-5.0191, FAC, pursuant to s 400.4178, FS)

The one-hour training is designed to educate and train nursing home, hospice and adult day care staff who have **direct contact** with residents. After completing the initial ADRD training, participants should be able to:

- ✓ Distinguish between normal aging and memory loss from ADRD;
- ✓ Identify the characteristics of ADRD;
- ✓ Communicate effectively with residents who have ADRD.

Sample content of one-hour curriculum should include:

Understanding Alzheimer's disease and other related disorders

Definitions of ADRD and the term "dementia"

How the brain works and how ADRD affects the brain

How cognitive impairment from ADRD and other related disorders differs from cognitive changes in normal aging

Characteristics of Alzheimer's Disease

Stages of ADRD

Symptoms and behaviors associated with each stage

Challenges for care givers at each stage

Communicating with residents with Alzheimer's Disease

How ADRD affects communication skills

Strategies and guidelines for verbal communication

Strategies and guidelines for nonverbal communication

Strategies for communicating with residents who are non-communicative or non-responsive

Format and Didactic approach to training

Are there time formats laid out in the curriculum?

Do the time formats seem reasonable?

Does the curriculum provide the method used to convey materials?

Does the teaching method appear to achieve the learning objectives?

Is there an evaluative tool (pre- and/or post-test; program evaluation)?