Worksheet for One-hour NH/ Hospice / ADC Curriculum

Training Guidelines for the Special Care of Nursing Home Residents with Alzheimer’s Disease or Related Disorders (incorporated from reference in Rule 58A-5.0191, FAC, pursuant to s 400.4178, FS)

The one-hour training is designed to educate and train nursing home, hospice and adult day care staff who have direct contact with residents. After completing the initial ADRD training, participants should be able to:

- Distinguish between normal aging and memory loss from ADRD;
- Identify the characteristics of ADRD;
- Communicate effectively with residents who have ADRD.

Sample content of one-hour curriculum should include:

**Understanding Alzheimer’s disease and other related disorders**
- Definitions of ADRD and the term “dementia”
- How the brain works and how ADRD affects the brain
- How cognitive impairment from ADRD and other related disorders differs from cognitive changes in normal aging

**Characteristics of Alzheimer’s Disease**
- Stages of ADRD
- Symptoms and behaviors associated with each stage
- Challenges for care givers at each stage

**Communicating with residents with Alzheimer’s Disease**
- How ADRD affects communication skills
- Strategies and guidelines for verbal communication
- Strategies and guidelines for nonverbal communication
- Strategies for communicating with residents who are non-communicative or non-responsive

**Format and Didactic approach to training**

Are there time formats laid out in the curriculum?
Do the time formats seem reasonable?

Does the curriculum provide the method used to convey materials?
Does the teaching method appear to achieve the learning objectives?

Is there an evaluative tool (pre- and/or post-test; program evaluation)?