

Two-Hour Home Health Curriculum

“Training Guidelines for the Special Care of Persons with Alzheimer’s Disease and Related Disorders”

Understanding Alzheimer’s Disease and Related Disorders*

- Definition of ADRD and the term dementia
- How the brain works and how AD affects the brain at a basic level
- How cognitive impairment from ADRD/Dementia differs from cognitive impairment in normal aging
- Stages of AD and how it progresses

The Understanding ADRD section should take about 30 minutes of your 2 hours training.

Communicating with patients with Alzheimer’s Disease & Related Disorders*

- How ADRD affects communication skills
- Strategies and guidelines for verbal and nonverbal communication and responding to patients who are noncommunicative or non-responsive

Communicating with Individuals with AD should take about 15 minutes.

Behavior Management*

- Symptoms and behaviors associated with ADRD at each stage
- General problem-solving approach to challenging behaviors
- Specific strategies and techniques for dealing with challenging behaviors

Behavior Management should take about 30 minutes.

Promoting independence through assistance with activities of daily living*

- General strategies for promoting independence through assistance with ADLs in the beginning, middle and late stages
- Examples illustrating care techniques for monitoring, assisting and providing total care in dressing, grooming, eating, bathing, or toileting and incontinence.

Personal Care and ADLs should take about 30 minutes.

Developing skills for working with families and caregivers*

- Recognizing issues and concerns of family members of patients and participants with ADRD in early, middle, and late stages
- Understanding and recognizing the grief process: how it relates to the multiple, ongoing losses associated with ADRD

Working with families and caregivers should take about 15 minutes.

* Incorporated directly by reference in rule 58A-8.001, FAC, pursuant to ss 400.4785(1)(b), FS.